

FOAL STARTERS/SHAREABLES

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Bala's Chicken Curry Soup - spicy!			\$7	
French Onion So	\$8			
Veggie Samosas with Sweet Chili Dip	\$7			
Potato Skins bacon, cheese, gree red onion, side sour d	\$10			
Red Onion Rings	\$8			
Sweet Potato Fri	\$8			
Foal Bruschetta	\$8			
Three-Cheese Garlic Bread \$6 try it with a side of hot sauce! \$1				
Mozzarella Stick	\$9			
Cajun Calamari	\$11			
11b Wings \$13 Mild, Medium, Hot, Honey-Hot, Bala's House Made Suicide, Honey Garlic, Sweet Chili, Dry Cajun (with veggies and house made dill or blue cheese dip)				
Nachos Small \$9 / Large \$15 tortilla chips loaded with mixed cheese, onions, jalapeños, black olives, lettuce, diced tomatoes, salsa & sour cream on the side * Add House Made Guacamole \$3 * Add Chicken \$5 / *Add Spicy Beef \$4 * Extra Salsa \$1 / * Sour Cream \$1				
Quesadilla Veggie \$10 / Chicken \$12 mixed cheese, tomato, onion, green peppers, served with sour cream & chunky salsa				
Three Little Sliders with Aged Cheddar \$12				
Foal Veggie Plate with Ranch or House	\$10			
Tacos - Chicken or Fish crispy cabbage, chipotle aioli & pico de gallo				
MAINS				
Bala's Chicken C			\$15	
Veggie Curry with rice and naan spicy!				
Bala's Butter Chicken \$15 with rice and naan				
Fish & Chips fresh haddock, beer t fries & coleslaw	battered	with Extra	\$13 Fish \$5	
Nana's Cottage Pie with seasonal veg			\$13	
Chicken Fingers with plum sauce & fries			\$13	
Bangers, Beans of onions and gravy	& Mash	1 with sautéed	\$13	
SUBSTITU	TES			
Sub Fries for: Greek Salad	\$3	Coleslaw Caesar	\$2 \$3	
Spinach Salad	\$3	Poutine	\$3	
Sweet Potato Fries	\$2	Onion Rings	\$2	
Daily Soup	\$3	Red Onion Ring	IS \$3	

SOMETHING TO GRAZE OF	4		
House Salad with choice of dressing Small \$5 /	Large \$ 9		
Caesar Small \$7 / romaine, bacon, parmesan cheese, croûtons, House Made dressing	Large \$11		
Greek Small \$7 / mixed greens, kalamata olives, feta, red onion, tomatoes, House Made dressing	Large \$11		
Spinach Small \$8 / bacon, tomatoes, egg and House Made dressing *Add Chicken \$5 /			
Foal Salad mixed greens, cheese, bacon, roast beef, turkey, egg, choice of dressing	\$16		
Steak & Goat Cheese Salad mixed greens, tomato, red onion, balsamic vinaigrette	\$17 e		
Try any Large Salad as a Wrap with Fries! No Extra Co	ost		
SANDWICHES/BURGERS (Includes fries)			
Steak Sandwich 60z NY Striploin with sautéed mushrooms and onions on a garlic stick	\$17		
Turkey Clubhouse oven roasted turkey with bacon, swiss, lettuce, tomato, side chipotle mayo	\$16		
Foal Chicken Wrap BBQ chicken, lettuce, tomato, mixed cheese, chipotle mayo, tortilla wrap	\$15		
B.L.T.	\$10		
Parmesan Crusted Grilled Cheese *Add Tomato \$1 *Add Bacon \$2	\$10		
Beef Dip hot roast beef on a garlic vienna stick with au jus	\$14		
House Made Burgers 7oz lettuce, tomato, onion, pickle	\$12		
Veggie Burger lettuce, tomato, onion, pickle	\$12		
*Add Cheddar \$1 / Jalapeños \$1, Sautéed Mushrooms \$1 / Sautéed Onions \$1 Bacon \$2 / Gravy \$2 / Peameal \$3 / Swiss Cheese \$	\$ 1		
BRUNCH (Available Weekends 11am -2pm)			
Foal Breakfast Special 2 eggs, bacon or sausage, homefries, toast			
Toasted Western Sandwich with homefries			
Pancakes			
French Toast			
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SIDES

Fruit Salad

*Add Bacon or Sausage \$2

Fries	\$5	Coleslaw	\$3
Gravy	\$2	Bread Basket	\$3
Curry Sauce	\$3	Guacamole	\$3

Prices do not include taxes

\$5